DREW CDC
Every Child's Success Strengthens Community

PRACTICING CULTURAL HUMILITY IN THE WORKPLACE

Cultural humility is an ongoing practice of reflecting on our own assumptions while remaining open to learning from others.

1.



Reflect on Your Own Perspective

Our backgrounds shape what we consider "normal," so take time to reflect on how your experiences may influence your assumptions about others.

2.



Ask Rather Than Assume

Avoid making assumptions about someone's identity or experiences by asking respectful questions and allowing them to share what feels comfortable.

3.



Listen With an Open Mind

When someone shares a different perspective, focus on understanding their experience rather than immediately responding or defending your point of view.

4.



Be Open to Feedback

When someone shares a concern, listen without becoming defensive and use the experience as an opportunity to learn.

5.



Be Mindful of Power Differences

Recognize that someone's role or position may affect their comfort with speaking up, and make space for different perspectives to be heard.

6.



Commit to Lifelong Learning

Continue learning from others and use what you learn to make everyday workplace practices more inclusive.

We do not need to know everything about every culture, but we can make an effort to understand how our differences shape the ways we work and interact with one another.